

# Me, My Baby, Our World

Parenting can be challenging, especially in the first few months of a child's life. Until your child can speak, you must learn to communicate without the use of words! During the course of twelve weeks, Me, My Baby, Our World teaches you to respond when your child needs you most.

This is a **FREE** workshop — You and your baby are welcome to participate in group meals and fun activities every week like:

- ◆ **Music Circle**
- ◆ **Scrapbooking.**

This workshop is a great opportunity for you to meet other parents, to share stories and to learn about babies and being a parent. The group is designed for young parents and their children aged 0 to 18 months.



***Nutritious Refreshments,  
Bus Tickets,  
and Grocery Store Gift Cards***

**Offered in partner agency**

**locations in Mississauga and  
Brampton; series run for 12  
weekly sessions in**

**Fall (September to December),  
Winter (January to April), and  
Spring/Summer (May to July)**