



# Growing as Parents (G.A.P.)

## Topics covered:

**Managing Child Behaviours**

**Attachment**

**Discipline**

**Budgeting**

**Child & Infant Safety**

**Healthy Relationships**

Our **free Growing as Parents** program for parents with children aged 0-6yrs will help you learn the parenting and life skills you need to handle tantrums and more!



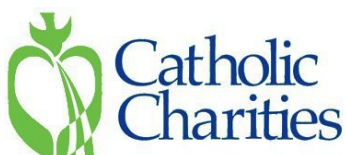
## A great way for you to meet other parents in your area!

*Light snacks and bus tickets provided. Parents are encouraged to bring their children, as free child minding is available on site.*

**Offered in partner agency**

**locations in Mississauga and Brampton; series run for 12 weekly sessions in**

**Fall (September to December), Winter (January to April), and**



## To register or for more information



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