



# Supper Connection Grace Place

## Some topics covered:

**Nutritional Information**

**Budgeting**

**Healthy Eating**

**Cooking for Picky Eaters**

Our **free Supper Connection** program will help you and other parents like you come together and share a nutritious meal with your children, and engage in valuable parenting education.



- **For moms, dads and caregivers with children 6 years and under**

Meet other young parents, enjoy a **FREE** meal, and learn valuable parenting information including how to make healthy food choices for your family!

## Grace United Church

**156 Main St. N.**

**Brampton, ON**

**Mondays**

**5:00p.m. – 7:00p.m.**

**May 8 to July 24**

## To register or for more information



**United Way**  
Peel Region



[e.torres@vitacentre.org](mailto:e.torres@vitacentre.org)



905-502-7933 x225

**Thanks to Dewdney Foundation!**

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