



# Supper Connection Angela's Place

## Some topics covered:

**Nutritional Information**

**Budgeting**

**Healthy Eating**

**Cooking for Picky Eaters**

Our **free Supper Connection** program will help you and other parents like you come together and share a nutritious meal with your children, and engage in valuable parenting education.



- **For moms, dads and caregivers with children 6 years and under**

Meet other young parents, enjoy a **FREE** meal, and learn valuable parenting information including how to make healthy food choices for your family!

## Angela's Place

**45 Glen Hawthorne Blvd**

**Mississauga, ON**

**Wednesdays**

**5:00 p.m.–7:00 p.m.**

**May 10 to July 26**

## To register or for more information



**United Way**  
Peel Region



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[www.vitacentre.org](http://www.vitacentre.org)

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