



Vita Centre Begins Preparations to Mark Its 25th Anniversary

In September 2016, the Vita Centre will be marking 25 years of providing assistance in the form of counselling, community resources, and education to pregnant and parenting youth between the ages of 15 and 30.

Formally Vita Manor, our non-profit organization began in 1989. A committee, made up of representatives from the C.W.L. and the Knight's of Columbus #5523, John F. Kennedy Council (JFK Council), formed to research the possibility of creating a maternity resource centre in Dufferin-Peel. By 1991, Vita Manor attained charitable status, and adopted its name of Vita Centre in 2008.

In this silver jubilee, we will be hosting a gala dinner and dance to celebrate our journey of love and care for every youth we have helped, and our supporters and their continuous benefaction that has made it possible for us to do the work that we do.

Vita Centre's 25th Anniversary Gala will be held on September 24th, 2015. More information on this event will be available on our website. Stay tuned!

[Visit Our Website](#)

Upcoming Events

Our Diapers and Wipes Drive is here!

We are collecting new diapers (preferably sizes 3-6), packages of wipes, and other baby toiletries, such as lotion, powder, etc. to stock our Care Closet, which is accessible for underprivileged pregnant and parenting youth.



By placing our donation boxes in schools and businesses across the Region of Peel, the Diapers

and Wipes Drive aims to bring in as many baby products as possible this year in order to meet their high demand in this region.

The drive runs from December 1st to December 31st.
[For additional details, see our poster.](#)

New Program Launches

Vita Centre is proud to announce the launch of two new programs!

Me, My Baby, Our World

Me, My Baby, Our World is an evidence-based program that caters specifically to young parents for a better understanding of their relationship with their child. With the launch of this program, Vita Centre will be able to provide at-risk young parents with the confidence and knowledge they need to improve and sustain their infant's mental health. This program will run in Mississauga at Vita Centre.



Nobody's Perfect

Nobody's Perfect is a program aimed at supporting young parents in developing positive parenting skills, and initiating child development through safety, good behaviour and health. This program will run at one location in Mississauga and one in Brampton.

For more information on these programs, visit our website at www.vitacentre.org

There are many exciting things happening at the Vita Centre this year.

SAVE THE DATES!

Chili Cook-Off Contest

Thursday, February 11, 2016

5pm to 7pm
Peel Youth Village
99 Acorn Place
Mississauga, ON
(By invitation only)

8th Annual Trivia Night

Friday, March 4, 2016

7pm to 10pm
Lionhead Golf & Convention Centre
8525 Mississauga Rd
Brampton, ON

Vita Centre Open House

Friday, April 15, 2016

5pm to 7pm
Vita Centre
101-75 Watline Ave
Mississauga, ON

15th Annual Swing For Life Golf Tournament

Monday, June 6, 2016

11am to 8pm
Royal Ontario Golf Club
6378 Trafalgar Rd
Hornby, ON

25th Anniversary Gala

Saturday, September 24, 2016

6pm to 12am

Lionhead Golf & Convention Centre

8525 Mississauga Rd

Brampton, ON

Donate to Vita Centre

Being a new parent can be overwhelming, especially at a young age. First time parents have a lot to learn, including knowledge of what supplies and equipment are needed to properly care for an infant. At Vita Centre, we rely on donations from the community to keep our Care Closet stocked with items for our clients.

If you or your company would like to donate, we are always looking for the following items:

- * Baby Toiletries: baby wash, baby lotion, baby powder, vaseline, Q-Tips, diapers...
- * Baby Food: bottles, baby formula, jar food, baby cereal ...
- * Baby Essentials: baby monitors, new infant clothing, diaper bags, crib sheets...
- * Female Toiletries: shampoo/conditioner, body wash, deodorant ...
- * Gift Certificates for Walmart, or Grocery Stores
- * Bus Tickets on Mississauga or Brampton Transit.

You can also make monetary donations to the Vita Centre by clicking the button below.

Donate

Vita Centre | 101-75 Watline Avenue | 905 502-7933 | pr@vitamano.org | www.vitacentre.org

STAY CONNECTED:

